



## WHAT IS INVOLVED IN BECOMING A SILVER COACH

The Silver coaching accreditation is the third tier and highest level of accreditation within the TBNZ/TBA coaching framework. The Silver course is a multi-platform course which includes attending 2 remote courses, completing additional external requirements, undertaking on- lane practical and video assessments, and on-line theory.

Silver coaches will gain the knowledge and skills to provide specialized training programs and provide an open learning environment for competitive bowlers to develop specific skills. Coaches who successfully meet the accreditation and quality assurance requirements will be competent in understanding the following topics:

- Specific adjustments to the physical game
- Building a bowling ball arsenal
- Advanced lane adjustments
- Matching ball surfaces to lane conditions
- Advanced mental game concepts
- Video analysis and
- Establishing a practice plan to develop and expand a bowler's options in competition.

#### Who should become a Silver Coach?

Experienced Bronze Level Coaches who wish to advance their coaching skills to the next level. This coaching programme is for those who want to coach intermediate to advanced bowlers at the elite level and may include coaching Regional and National representative bowlers and teams.

#### **Minimum Requirements**

Participant must be at least 18 years of age; Must be a current registered TBNZ member and a current Bronze Accredited Coach for a minimum of 12 months.

Must have accrued a minimum of **100 hours accumulative coaching,** at an appropriate level over more than 12 months since becoming a Bronze Level Coach. (Verified by Centre Manager).

#### **ENROLMENT PROCESS**

REMOTE VIA ZOOM (online):





If there are multiple participants scattered across Australia, a Remote Silver Course may be planned and run to cover the classroom theory component only. TBNZ Coaches may register to join this TBA remote course.

These courses will be advertised on the website, email and social media in Australia and notified to TBNZ participants who can join the course via Zoom from their own locations.

A remote silver course is usually run over 4 sessions (evenings), each lasting about 3 – 3.5 hours (this is a 12 – 13-hour total commitment). Participants are required to attend all four sessions to complete the classroom theory.

Prior to completing the enrolment forms, you will need to complete an Expression of Interest form available from the TBNZ Coach Education Manager. Register your interest (EOI) with course option preference and you will be informed when any courses are planned. No payment is required until a course is confirmed.

ON-LANE PRACTICAL ASSESSMENT (PART 1) must be completed independently, in addition to this zoom course. See below for details.

# **REGISTER:**

Complete the following forms which you will see on the TBNZ/Coach website here:

- New Coach Registration Forms (signed by you)
- Coach/Official Code of Behaviour Individual Agreement
- Personal Character Declaration for Coaches and Officials.

**PHOTO:** Include with these 3 documents 1 quality jpeg passport size photo of yourself (head and shoulders with no other people visible with a single-coloured background, smiling is ok.)

**PAY:** Make payment of \$675 registration fee via bank transfer to TBNZ a/c number (03-0227-0331250-000) using the reference "your name – Silver Level". (Save a receipt copy of your payment). (This payment is required when you are notified of the date of your on-line Silver Course).





## ADDITIONAL COURSE: Intermediate Coaching General Principles Course

This is a certified course which is non-sport specific and covers essential coaching skills and elements. It consists of 12 separate modules, takes a minimum of 15 hours, and requires an additional payment.

TBA now offers this course as an online / remote option – **Cost: \$250** (included above).

If you wish to choose this option, complete registration and payment form Intermediate-Coaching-General-Principles-Enrolment-Form-TBA.docx payment for this course is included in the above.

#### Alternatively:

The course may be available either face to face or remote through UNITEC, or Southern Institute of Technology. (SIT) have an Intermediate Coaching General Principles Court at Level 3 which is suitable. Each institute or establishment charges their own fees (\$200 – \$300). You need to organize this yourself and apply for a Fees Free course which is available to all NZ Citizens.

**ONLINE COURSES (1):** 

- Register and log into <u>Play by the Rules</u> e-learning and complete both of the following training modules:
  - Safeguarding Children and Young People in Sport Induction Course
  - o PBTR Harassment & Discrimination
- Take the test and when complete with a pass mark, print the Certificate and send to TBNZ.

#### **ONLINE COURSES (2):**

- Register or log into the <u>Sport Integrity Commission</u> eLearning and complete:
  - Level 1 Anti-Doping Course.
  - Level 2 Anti-Doping Course.
- Take the test and when complete with a pass mark, print the Certificate and send to TBNZ.

These are all nationally recognised courses and certificates provided by external sources and websites and are not linked directly to TBNZ. You will need to go to each website, register if it is your first time, complete each requirement as requested, and





forward a copy of certificate for our files and to prove successful completion. There are no fees to pay.

All the above steps MUST be completed in addition to attending the remote e-learning coaching course, passing an online video analysis and exam, and completing your on lane Coach Evaluation requirements and competency assessment in order to gain a Silver Accreditation.

### NEXT:

ATTEND: the entire Practical Certification Course (theory component) remote (online) via Zoom over 4 sessions.

EXAM: Log in to complete and pass the online theory assessment and video analysis tasks through the USBC Online Learning Portal. Your Login information will be sent via email during the week following the remote course.

#### **PRACTICAL:**

On Lane Evaluation Component (Part 1) follows the exam. This evaluation will involve working with the appropriate level athletes to complete an analysis task.

This requires organising time on the lanes with your athletes, and an "approved" coach (mentor) to supervise.

Contact Education Officer at tbnzeducation@gmail.com to arrange as there are only 2 Silver Coach Mentors in New Zealand at present.

#### POST COURSE STAGE:

YOU ARE NOW A "SILVER COACH IN TRAINING":

#### **EXPERIENCE:**

- Complete 80 Hours of practical coaching experience: Test your new knowledge on the lanes and gain some confidence as an advanced level coach.
- Work with intermediate elite athlete(s) as a coach on the lanes.
- Keep a log of your coaching hours, with dates and details, to be signed off by





- a Silver Coach / Centre Manager each session.
- Working with a mentor (Silver Coach) permitted.
- Assistant coaching duties with Regional teams permitted.
- Submit proof of your 80 hours coaching experience, then you are ready for a
- final On Lane Evaluation Component (Part 2)

### **PRACTICAL:**

On Lane Evaluation Component (Part 2):

After completing your own 80 hours experience, you are required to complete one final on-lane evaluation task to prove competency, working with advanced athletes to complete a task.

These sessions will be arranged to suit participant location, and must be witnessed by Course Presenter or authorized Silver Level Coach. Your competency as a Silver Coach will be assessed at this session.

When all elements above are completed to our satisfaction, we will officially accredit the participant as a new TBNZ Silver Level Coach.

Forward to TBNZ via Email: TBNZeducation@gmail.com