



# COACH ACCREDITATION PROGRAMME LEVEL 1



There are three levels of coaching accreditation, Level 1, Bronze and Silver. Each level provides information to equip Coaches with the Resources necessary to coach athletes who are new to the game right through to the elite.

## WHAT IS INVOLVED IN BECOMING A LEVEL 1 COACH

The Level 1 coaching course is the first level of accreditation within the TBA Coaching Framework. The Level 1 Course is offered online and covers fundamentals and basic skill development. It includes:

- Roles and responsibilities of a Coach;
- Progression of skills from two-handed delivery to the four step approach;
- Sport safety;
- Maintaining a positive teaching approach and environment;
- Rules and regulations of the sport;
- An overview of program and opportunities;
- Video analysis of case studies.

## WHO SHOULD BECOME A LEVEL 1 COACH

The program is designed for bowlers, teachers, parents and bowling center staff. Level 1 Coaches will gain the knowledge and skills to deliver beginner bowling programmes.

## REQUIREMENTS

- Participant must be at least 16 years of age
- Must be current TBNZ Member;
- Read and understand Code of Behaviour.

## FURTHER REQUIREMENTS FROM 1 JUNE 2022

- Level 1 Coaches are required to keep a record of 15 hours coaching activity per year and produce this when requested by TBNZ.
- You are expected to upgrade to the Bronze Standard of Coaching within 12 months of becoming a Level 1 Coach. The Bronze Course does not necessarily involve attending a course, however Coach education is always available for those who want one on one assistance to gain confidence. All of the Bronze Course is presented as e-learning and can be completed at home on your own laptop. The USBC test can be sent to you by email and completed at home.

## ENROLMENT PROCESS

Complete the following forms which appear on the TBNZ/coach website:

- A) New Coach Registration **Form (signed by you)**
- B) Personal Character Declaration for Coaches (*signed and dated by another TBNZ Member known to you and who is at least 25 years old.*)  
**Please use a black pen and write clearly as these forms are scanned and sent to TBA/USBC.**
- C) Include with these documents 1 quality jpeg passport size photo of yourself (smiling is ok).
- D) Pay \$105 registration fee via bank transfer to TBNZ account number (03-0227-0331250-000) using reference "your name – Level 1".
- E) Register and log in to the **Play by the Rules eLearning Portal** and complete 2 modules:-
  - Child Protection
  - Harassment & Discrimination

Send copy of your certificate with your Coach Application.

When all the above has been completed, and payment has been confirmed, please scan and send your documents and photo to TBNZ via email:

[tbzeducation@gmail.com](mailto:tbzeducation@gmail.com).

Your application will be submitted to TBA and in a few days you will receive login details to access the USBC Online learning portal.